



Fun Frozen Dog Treat Recipe Ideas

The combinations are endless, so have fun. Don't be afraid to be a little creative with your food choices. Just make sure they are safe for your dog to consume.

The list of foods, in the box to the right, are all healthy and safe for your pup.

TIPS and TRICKS:

- Over ripe fruit is a great option to save from waste
- Frozen fruit is another great idea if you don't want to buy fresh. You can even sometimes find a mix of frozen fruits to help mix up the flavors.
- Always remove any seeds from the fruit before serving to your pup.
- Be careful not to overfeed your dog these yummy treats. Some can be high in calories, which can add on the pounds. Plus, too much of something is never a good thing... we don't want any belly aches! All in moderation.
- You can make a large batch and freeze up to 3 months... although if your dogs are anything like mine, they won't last that long!

>>CLICK HERE FOR SUPPLY LIST ON AMAZON<<



- Apples or Apple Sauce
- Bananas
- Blueberries
- Broth, Vegetable or Chicken (organic with no salt)
- Cantaloupe
- Carrots
- Coconut Oil
- Cucumber
- Greek Yogurt (plain, no sugar added)
- Mango
- Pumpkin
- Peanut Butter
- Strawberries
- Water
- Watermelon

Optional Health Boosting Options

- Flax Seeds
- Parsley Leaves
- Mint Leaves
- Raw Honey

Strawberry Yogurt Frozen Dog Treat Recipe



Ingredients

- Strawberry
- Plain Greek Yogurt
- Fresh Parsley or Mint (optional)

Instructions

1. Blend the strawberries.
2. For a layered look, pour and freeze one ingredient at a time, starting with 1) yogurt, then 2) strawberries.
3. Freeze for 4-6 hours, or until completely frozen. Time will vary depending on the size of your mold.

Tips and Tricks

- The amounts of the fruits don't matter so much.
- Frozen strawberries work just as well as fresh.
- Adding a little water when blending the fruit helps create a smoother texture that is easier to pour into your mold.

Pupsicle Special

Frozen Dog Treat Recipe



Ingredients

- Dog Stick Treats
- Broth (Veggie or Chicken)
- Peanut Butter
- Mango
- Fresh Parsley or Mint (optional)
- Dixie Cups

Instructions

1. Place peanut butter to fill the dixie cup, about a 1/4 of the way full.
2. Freeze for about an hour.
3. Pour broth into cup about 3/4 of the way full.
4. Dice mango place in cup.
5. Place parsley or mint if you wish.
6. Freeze for another hour, then place your dog treat sticks into the center of each cup. This will help hold the stick in place.
7. Freeze for 4-6 hours, or until completely frozen. Time will vary depending on the size of your mold.

Tips and Tricks

- Always use natural peanut butter. Check for xylitol, an ingredient that is toxic to dogs.
- You may choose to water down the peanut butter to help pour easier.



PB&J

Frozen Dog Treat Recipe



Ingredients

- Strawberries or Blueberries
- Peanut Butter

Instructions

1. Blend the strawberries or blueberries until smooth.
2. Blend peanut butter with a little water to make a pourable mixture.
3. For a layered look, pour and freeze one layer at a time, starting with strawberries, then peanut butter.
4. Freeze for 4-6 hours, or until completely frozen. Time will vary depending on the size of your mold.

Tips and Tricks

- Always use natural peanut butter. Check for xylitol, an ingredient that is toxic to dogs.
- Frozen strawberries work just as well as fresh.
- Adding a little water to the peanut butter and strawberries helps create a smoother texture that is easier to pour into your mold.
- I found that peanut butter without adding water does not freeze as well.

Watermelon Summer Frozen Dog Treat Recipe



Ingredients

- Watermelon
- Fresh Parsley or Mint
- Plain Greek Yogurt

Instructions

1. Blend the watermelon until liquified.
2. Blend the yogurt and mint to create a light/medium green color.
3. Pour into your ice cube tray or paw print mold.
4. For a layered look, pour and freeze one layer at a time, starting with 1) watermelon, then 2) yogurt/mint blend
5. Freeze for 4-6 hours, or until completely frozen.
Time will vary depending on the size of your mold.

Tips and Tricks

- The amounts of the fruits don't matter so much. But I do recommend keeping the coconut oil to less than a teaspoon per treat.
- Blend/chop the mint or parsley first, then add and blend in the yogurt.
- I tried using cucumber for the green portion, but it was just too light of a green. Dogs loved them just as well, just didn't have the look I was going for.

Patriotic Red, White & Blue Frozen Dog Treat Recipe



Ingredients

- Strawberries or Watermelon
- Blueberries
- Coconut Oil or Plain Greek Yogurt

Instructions

1. Blend the strawberries or watermelon. Pour into your ice cube tray or paw print mold, filling about 1/3 of the way.
2. Freeze for about 2 hours.
3. If using coconut oil, liquify for easy pouring.
4. Pour yogurt or coconut oil into your mold, to about 2/3 of the way, leaving room for the blue.
5. Freeze for about 2 hours.
6. Blend the blueberries. Pour into your mold, filling the rest of the way.
7. Freeze for 4-6 hours, or until completely frozen. Time will vary depending on the size of your mold.

Tips and Tricks

- The amounts of the fruits don't matter so much. But I do recommend keeping the coconut oil to less than a teaspoon per treat.
- Use frozen strawberries work just as well as fresh.
- Adding a little water when blending the fruit helps create a smoother texture that is easier to pour into your mold.
- You can also choose to do each mold one color, so pouring all the way up with each berry.

Pumpkin Apple Frozen Dog Treat Recipe



Ingredients

- Pure Pumpkin
- Apple or Apple Sauce
- Coconut Oil or Plain Greek Yogurt (optional)
- Fresh parsley (optional)

Instructions

1. Chop or blend the apples.
2. If using coconut oil, liquify for easy pouring.
3. You may keep ingredients separate or blend all together. If you want a layered look freeze one layer at a time, otherwise it will all blend together once in mold.
4. Pour into your ice cube tray or paw print mold.
5. Freeze for 4-6 hours, or until completely frozen. Time will vary depending on the size of your mold.

Tips and Tricks

- Always use pure organic pumpkin, do NOT use pie filling that is full of sugar and additives.
- The amounts of the fruits don't matter so much. But I do recommend keeping the coconut oil to less than a teaspoon per treat.
- Pour heaviest foods into the mold first to avoid too much blending together.
- Adding a little water when blending the fruit helps create a smoother texture that is easier to pour into your mold.

Candy Corn Halloween Frozen Dog Treat Recipe



Ingredients

- Mango (yellow bottom)
- Carrots (orange center)
- Plain Greek Yogurt or Coconut Oil (white tip)

Instructions

1. Pour yogurt into your mold, to about 1/4 of the way up.
2. Freeze for about 2 hours.
3. Blend the carrots and pour into your mold, filling about 1/2 of the way.
4. Freeze for about 2 hours.
5. Blend the mango and pour into your mold, filling the rest of the way.
6. Freeze for 4-6 hours, or until completely frozen.
Time will vary depending on the size of your mold.

Tips and Tricks

- Always use pure organic pumpkin, do not use pie filling that is full of sugar and additives.
- The amounts of the fruits don't matter so much. But I do recommend keeping the coconut oil to less than a teaspoon per treat.
- Adding a little water when blending the carrots helps create a smoother texture that is easier to pour into your mold.